

ALDROXTRA

WEEKLY NEWSLETTER

30th January 2021

Dear Parents,

We have been delighted by the ongoing success and positive response to AldroXtra! If the amount of contributions; comments, photos and videos from boys and staff is the measuring stick then it truly has been a success! Thank you for supporting this initiative and keep all your contributions coming in!

A knock on effect of the success of AldroXtra has been the amount of 'traffic!' To help with this we have reorganised the AldroXtra Teams into a variety of channels in order to help us maintain some order and make it easier for staff and boys to track the appropriate event. Please support us by importing your contributions into the appropriate channel from this point forward.

We are excited about a number of forthcoming events, not least "An Evening with Gavin Hastings & Rob Andrew" which will take place next Friday evening at 6.30pm. We do hope you will be able to join us online for this truly exciting talk with these two greats of the British & Irish game.

On a parting note don't forget this week's Family Challenge! Which Family can complete the most miles via either, walking, running or cycling from Saturday 30 January to midnight on Thursday 4th February. Driving in your car does not count! Good luck and get your final total miles to Mr Drayton by 12 noon on Friday 5th February

Guy Drayton

Director of Sport and Enrichment

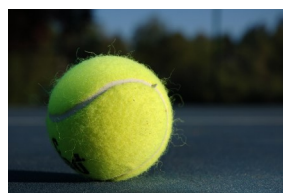
Aldro "Sport Challenges"

Week 4: Family Focus

- Record your entire families walks, runs and bike rides.
- Which family can travel the most miles/kilometres.
- Take some photos/videos and send them in

High Ball Catch Challenge

- Use any ball you like; football, rugby cricket or tennis.
- Throw as high as you can.
- 5 goes only
- How many can you catch before your first drop?
- Video your efforts!



Weekend Family Challenge

This weekend begin the ALL Family DISTANCE Challenge

[Book Here](#)

Deadline: Wednesday
Midnight!

ALDROXTRA PRESENT AN EVENING WITH
GAVIN HASTINGS & ROB ANDREW

FRIDAY 5 FEBRUARY
6.30-7.30PM

ALDROXTRA



Nature Photography Competition

Week 3 "Close Up"

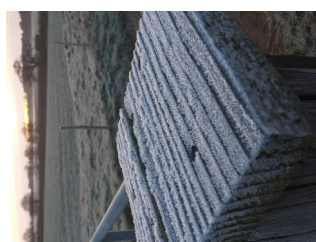
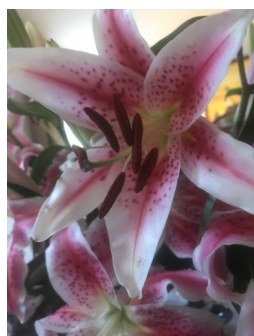
Congratulations to the winners of this weeks nature photography competition who were as follows:

Junior: Jamie Gore
Rufus Sessions

Middle: Kieran Duhra
Alden McQueen

Senior: Hugo Anselm
Jack McKenzie

Staff Winner: Lady King



Next week's theme is **Birds**



Entries to Mrs Eves
by midday Wednesday

SNOW CHALLENGE

Impromptu DT Challenge

When the snow arrived last weekend Mrs Matthews set the boys a challenge: Design and build a snow structure of your own choice. If you do not have snow where you live can you think creatively and build something indoors like snow?

Here are a few of the amazing creations and click [here](#) to watch a video of them all...



Wellbeing in Lockdown

Meet: Miss Ati
 the
 School Counsellor



From this Tuesday Miss Ati will be running drop-in sessions as follows:

1pm—1.20pm Forms 3 and 4

1.20pm—1.40pm Forms 5 and 6

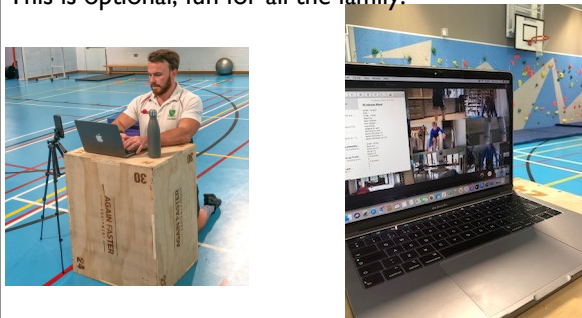
1.40pm—2pm Forms 7 and 8

Don't forget to look at her videos and audios in the AldroXtra channel. These are there to help support the wellbeing of all our pupils.

From next week look out for her **“Feel Good Friday”** posts on our social media sites.

Jordan's Gym—12.45pm Daily!

Mr Jordan is LIVE on Teams Monday—Friday for 10 minutes at 12.45pm delivering an “exercise for the day” Do join him for a daily boost to your health! This is optional, fun for all the family.



E-Safety presentation

By Karl Hopwood



Tuesday 9th Feb 5pm - for Forms 5 and 6

Wednesday 10th Feb 4.30pm - for Forms 7 and 8

Safer internet day is on Tuesday 9th Feb and as we try to raise and educate with online awareness/safety we are delighted that Karl Hopwood has agreed to give a E-Safety presentation to the boys in Forms 5 –8. Karl is an independent e-safety expert. He is a member of UKCCIS (UK Council for Child Internet Safety) and sits on the advisory board for the UK Safer Internet Centre and the education advisory board for CEOP. Karl has worked for a number of key players in the UK and abroad including CEOP (Child Exploitation and Online Protection Centre), BECTA (British Educational and Communications Technology Agency), the European Commission and several Local Authorities within the UK.

As an ex primary Headteacher, he continues to work closely with children, young people, parents and teachers to develop safer online behaviours and the promotion of digital literacy. Karl has been employed for the last 5 years as an in-house consultant for INSAFE which is the coordinating node of the EU safer internet programme where he is responsible for the coordination of safer internet helplines across the EU. He has also worked extensively with the BSA and IAPS to promote e-safety in their schools and is a trustee of the Marie Collins Foundation.

FEBRUARY HALF TERM COOKERY CHALLENGE

Mme Croall and Mrs Matthews are pleased to announce that they are opening up the middle school cookery enrichment challenge to the whole school this half term. Your task is to bake and decorate a VALENTINE'S themed creation. It can be one large cake, cookies, muffins, whatever you think someone you love would appreciate.

Spread a little love to the whole Aldro community by posting photo's of your Valentine's themed bakes to the AldroXtra team chat by the 14th February 2021

5 squad marks will be issued for every entry and bonus squad marks for the best bake in every year group.

On your marks, get set, BAKE!

FOOD TECHNOLOGY CHALLENGE

During lockdown 3 we would like you to create any of the following:-

- a cooked breakfast
- a starter or light lunch
- a main course
- a dessert

These will be eaten by your entire family. Each course can be done as separate tasks, maybe focusing on one course each week. All we ask is that you take a photograph and post it on the AldroXtra channel.



The Aldro Grand National Friday 26th February

Virtual Horse Racing evening!
Let us entertain you with a night at the
races...



More details to follow...

There is much more to AldroXtra... Week beginning 1st February

12.45pm Daily Jordan's Gym

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| 2nd | Wellbeing drop in clinics with Miss Ati |
| 5th | An Evening with Gavin Hastings & Rob Andrew |

Keep checking the AldroXtra Channel for updates